**Change and Continuity – vocabulary**

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| **Type/Nature of Change** | **Speed of change** | **Extent of change** | **Direction of change** | **Personify change** | **Continuity** |
| Positive  Negative  Restore  Reshape  Transform  Alter  Reverse  Regress  Evolve | Steady  Slow  Fast  Gradual  Gentle  Rapid  Swift  Sudden  Emerge  Begin  Dramatic | Total  Partial  For some people……. Women,  Children etc.  In some areas - Transport, Technology, medicine, power. | Uneven  Bumpy  Jumpy  Straight  Forward  Backward  Stagnant  Transition  Diversion | Reluctant  Eager  Energetic  Weary  Aimless  Excited  Impatient  Persistent  Angry | Persisted  Remained  Endured  “Stayed constant”  “Never waivered”  “Was a continuance of . . .”  “Was carried on . . .”  “Throughout the duration . . .”  “Weathered through . . .”  “Lasted throughout . . .” |